



 **RIVERSIDE
MANOR**
RETIREMENT ESTATE

Happy and healthy
retirement living

About Us

Riverside Manor Retirement Estate welcomes you!

Situated on a secure and expansive riverfront property in Sunninghill, Sandton, our village consists of 109 Freehold Homes, 40 sectional title Apartments, and a Health Care Centre which houses 26 Assisted Living Suites and 18 Frail Care private rooms.

The prime location of Riverside Manor allows convenient access to doctors and health care providers, the Sunninghill Hospital, many shopping centres and sports clubs.

A selection of facilities and activities support the mental and physical health of our residents. The village boasts a modern clubhouse and care centre (3500 m²), magnificent grounds, tastefully decorated lounges and dining rooms, a theatre room, swimming pool, walking paths and bird hide.

Our Health Care Centre provides Assisted Living Suites and private Frail Care rooms, a medical clinic, consulting rooms for doctors and other medical professionals, attractive lounges and dining spaces, a television room, beautiful patios and garden areas, sickbays, activity rooms, and a hairdressing salon.





Freehold Homes

109 Freehold houses.

Our Freehold houses provide an attractive variety of designs to choose from--the perfect solution for anyone who wishes to live in the comfort and security of Riverside Manor.

While maintaining their privacy and independence residents have the benefit of our health care centre as well as the clubhouse facilities and social activities. They are supported by an active and very enthusiastic trustees body.



Every moment
is a fresh beginning.

T.S. Eliot

Our superior estate facilities, services and activities include:



STIMULATING ACTIVITIES

Numerous activities are available to support the mental health and physical vitality of our residents. We have an enthusiastic and active lifestyle committee.

Activities include senior adapted exercises, Thai Chi, walking groups, musical mornings and evenings, bridge, games, art, invited speakers, movies, trips to places of interest, mini markets, book clubs and other clubs of interest, social evenings, dinner & dance functions (with memorable music from the past) plus numerous other activities and functions throughout the year. Not least, our residents enjoy providing support to various charities and to one another.



FIRST RATE FACILITIES

The estate boasts a wide range of world class facilities including the clubhouse and care centre (3500 m2) with large open spaces and atriums, stylish lounges and dining rooms, a theatre room, library, attractive patios and gardens, swimming pool, walking paths and bird hide. Connect and engage with others in our lounges, dining rooms and lovely outdoor areas or just relax in an environment of tranquillity.



SUPERIOR HEALTH CARE

The health and happiness of all our residents is of prime importance to us. Riverside Manor's Health Care Centre boasts a high nurse-to-resident ratio which allows for the exceptional and personal attention provided by our caring medical staff—who are insourced and accredited by the Department of Health and the South African Nursing Council.

The Health Care Centre has a clinic, consulting rooms for doctors and other health care professionals, lounge and dining areas, a television room, beautiful patios, sickbays, activity rooms, and a hairdressing salon.

A highly respected specialist physician and geriatrician regularly consults at Riverside Manor.



24/7 Emergency Response

Remote panic buttons enable every resident to raise an immediate response from our healthcare and security staff in an emergency situation - anywhere on the property.



SECURITY

24/7 State-of-the-art security and 24/7 access control. Vehicles are scanned and recorded. The perimeter of the estate is guarded by electric fencing and by cameras linked to a central office. Security guards use night vision equipment and patrol the estate night and day.

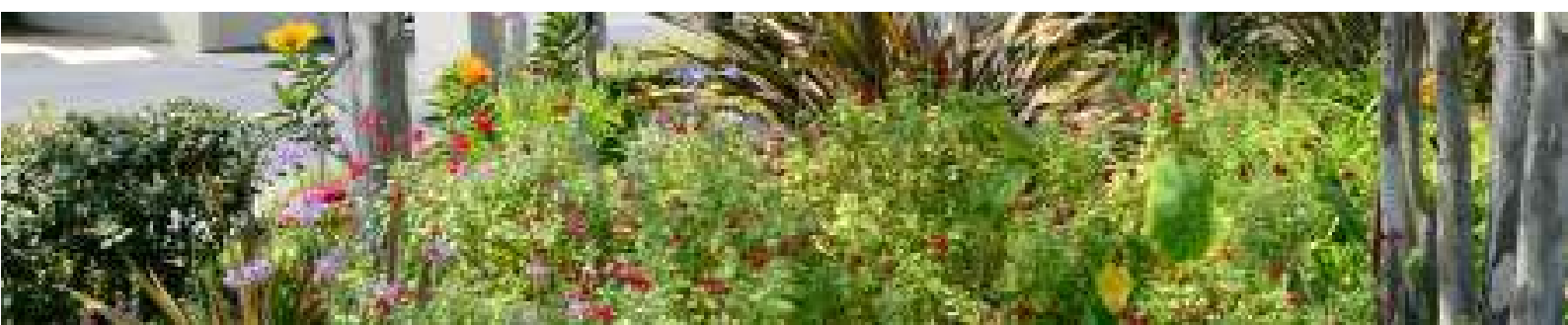


CONTROLLED LEVIES

Levies are controlled to support our residents' financial planning.

Resale Enquiries

**For information about resales please contact Natasha on 083 271 1176
or natasha@manor-retirement.co.za**



Apartments

40 apartments.

Our one and two bedroom apartments offer the secure and independent living that retirees often seek. Residents enjoy the privilege of living in their own home surrounded by lovely communal gardens and with easy access to fabulous facilities, health care services and social activities.

Assisted Living

26 Assisted Living Suites – Health Care Centre

Riverside Manor Assisted Living Suites cater for the comprehensive wellbeing of our residents.

Assisted Living residents might be in poor health or might just need additional assistance to maintain their daily routine. Whatever the case, assisted living provides all the support that they might require.

Each spacious suite allows for privacy and independence while ensuring the availability of quality care. Exceptional nursing staff are on-hand 24/7 and each room has a personal panic button enabling an immediate response in the case of an emergency.

Assisted Living Suites comprise of a spacious bedroom with en suite bathroom, lounge/dining area, and kitchenette. Residents are encouraged to furnish their own suite so as to create a home which will express their unique taste and house furniture and personal items that are meaningful to them.

Breakfast, tea, lunch and supper are provided every day. Residents, friends or family often come together to enjoy one another's company in one of our lovely dining rooms. Alternatively, residents may choose to have their meals delivered to their personal suites

Assisted Living is designed to provide a sense of confidence and comfort to our residents and their loved ones!





Frail Care

18 Frail Care private rooms – Health Care Centre

Thoughtfully designed to offer the best to our residents, Riverside Manor's Frail Care Centre is one of few that are accredited by the Department of Social Development.

Each individual frail care room is fully equipped with state-of-the-art equipment: high-tech medical bed, headboard with full instrumentation including emergency panic button, wash basin, built-in cupboard and dressing table as well as a flat-screen television and free WIFI delivered via super-fast fibre cabling.

24/7 nursing care is provided by kind and highly professional staff.

“Tranquility defined.”

Kevin Lorimer

“Outstanding Retirement Village in the quietest most tranquil part of Sandton.”

Karen Solomon

“My parents are so happy here.”

Mary-Jane Thomson

Contact Us

For information about resales please contact Natasha on 083 271 1176 or natasha@manor-retirement.co.za

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Testimonials on the back cover are samples of unsolicited Riverside Manor reviews posted to Google Maps. Names and any portrait photos have been changed for reasons of privacy.